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PREGNANCY

Having a baby is the most important experience of woman's life. From the time of first menstrual period, the female body desire to conceive. From a purely biological stand point, if one is pregnant right now, she is fulfilling the purpose on the planet: to reproduce. Many women are deciding not to have children, of course, but for most of us being mother is still a heartfelt desire.

In the age of so much information (misinformation) pregnant women can hardly help but be fearful. She is being bombarded with precautionary advises, admonishment & warnings, most of which are unnecessary.

There is nothing so natural at this planet then the birth of a child. Whole the Nature favours the phenomena as it is its Existence. But the man has taken it as a Disease and start giving all sorts of medicines to the mother since the conception.

Dr. Dorothy Shepherd from England said - "It has been taken granted that a pregnant women is a sick women, and should be treated as such, and take great care of herself, while the very opposite, or should be, the case. Nature has arranged matters that metabolism is increased during that time. More blood is carried to the reproductive organs, and the circulation is improved, and a child- bearing women should look and be at her best. But during this period nature plays a vital role to manifest the hidden constitutional errors and therefore it is the best time to give real, worth- while constitutional treatment which is beneficial not only for the mother but also for the child." She further adds "How much anxiety and discomfort could be averted if women kind, generally adopted a rational health diet, coupled with homoeopathic treatment, in pregnancy There would be less neurosis, fewer nervous and physical wrecks, with childbirth bereft of its terrors; with healthy, happy periods of pregnancy. Our mother would not dread their confinements, and the all-round gain to the community would be incalculable."

Dr. Hahnemann (father of homeopathy) has mentioned that "Homeopathic treatment given during pregnancy, destroy the psora – the producer of most chronic disease – which is given them hereditarily destroy it both within themselves and in the foetus, there by protecting posterity in advance. This is true of pregnant women thus treated; they have been given birth to children usually more healthy and stronger, to the astonishment of every body."

Pregnancy is the natural function of the female body and like other bodily function, seems to work correctly almost every time. Foetal development in fact, is amazingly resilient & steadfast, and there is little encounter in daily life.

Homeopathy provides best treatment for

- Sterility, menstrual difficulties, tendency to abortion, leucorrhea.
- During Pregnancy: The emotional and physical changes during pregnancy, like urinary problems, diarrhea, morning sickness, anemia, varicose veins, backache, cramps, thrush, pregnancy induced hypertension or emotional distress.
- During child birth: Prolonged labor, delayed labor, cervix which is slow to dilate, pains, excessive bleeding, retained placenta and other problems.
- Healing after birth: After delivery problems like soreness and exhaustion, sleeplessness, post natal blues, after pains.
- Lactation: Mastitis, painful nipples, retracted nipples, slow or suppressed milk supply.

