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SCIATICA

Sciatica is the pain of sciatica nerve which travels from the lower back through the buttocks and in to the legs. This nerve controls many muscles of the lower leg and also controls the sensation of thigh, feet and leg. The sciatica pain whenever it occurs is felt in the area through which it passes.

The most common symptom of true sciatica is post thigh, lower leg or foot pain accompanying lower back pain often a patient will have a previous history of lower back pain beginning a few days or weeks before the leg pain occurs, then the leg pain becomes worse than the back pain, and in some cases the back pain will completely disappear. However in case of long standing history of sciatica (chronic form) the pain may gradually becomes localized to the buttocks, back of leg or heels. In this situation, the patient may have vague aching pain that does not reach all the way to the lower leg or foot, though it may have done so earlier in the course of disease.

Sciatica pain ranges from simple dull ache to severe pain. The character of pain varies from patient to patient. It can be radiating, extending downward or upward from hip to knee or ankle or vice versa. In some cases pain can be cramping, pulsating, wandering or periodical which comes and goes with regular interval. There can be other accompanied symptoms such as tingling, numbness, weakness, coldness and atrophy of affected limb.

Homoeopathy offers a very effective treatment for sciatica. The biggest advantage that homoeopathy offers that it is able to rectify the root cause of disease as well as other additional symptoms. Another great benefit of using this pathy is that along with the treatment of sciatica it aims at strengthening the patient constitution in order to prevent further recurrence.

Thus Homoeopathy as a natural system of medicine cures both chronic and acute conditions of sciatica. In fact it is the only system of medicine that provides curative treatment not the palliative kind.

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