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FEMALE DISORDERS AND HOMOEOPATHY

Science advances and trends change, so does a woman's life. From being born as a cuddly child, nurtured and nourished by the care of her parents she steps slowly in to this world, blooms in to a beautiful person – a daughter, a Home maker and finally a mother and her journey in life continues. Living out in a Man's world she battles out each day to rise up as complete women. On this connection we want to discuss certain health issues concerning her.

The common diseases faced by a woman are -

- Menstrual problems
- Pregnancy
- Migraine
- Menopausal syndrome
- Poly cystic ovarian disease

Pre menstrual syndrome is a collection of symptoms both physical and emotional that starts after ovulation and stops when bleeding of next period occurs. The symptoms almost complained by patient are headache, mood swing, tiredness, pain and heaviness in mamma etc. It is important to cure it in a proper way because in so many women it disrupts their family, work and daily life.

The conventional treatment for Poly Cystic Ovarian Disease and menstrual disorder is a combined therapy with hormones and surgery, without any satisfactory results. But homoeopathy on the principles of individualization has wider scope in treating such cases.

During pregnancy the assessment must be of the whole patient, not only her general medical status. It should include any apparent medical condition that she has, as well as psychological, social and family aspects related to her situation.

Homoeopathy believes that migraine is a personality disorder. As migraine is associated with mental symptoms, homoeopathy is the best medicine for this.

Menopause is a linking phase between adulthood and old age which involves various physical, biological and psychological changes.

Psychological symptoms-

- Irritability
- Depression and anxiety
- Insomnia
- Decreased sexual drive

Physical symptoms-

- Weight gain and bloated feeling
- Tiredness
- Greater susceptibility to colds and minor infections etc.

Homoeopathy, the only rational system of medicine, bears a holistic approach for understanding diseased condition. It attempts to treat the sick constitution that has a disease and not as a single disease entity. Thus, these disease conditions should not be treated as separate entity; rather every patient suffering from these conditions must be viewed from the constitutional view point.

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