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ASTHMA AND HOMOEOPATHY

Generally we all know it and still do not know. We know and witness the palliations and not the cure.

We know that

- We are the observer from generation to generation of this awful disease and hopelessness of the physician.
- It is a dreadful disease of paroxysmal wheezing, coughing and difficulty in breathing
- It is a multifactor, deep level disorder involving the immunological system of the body and having expression at the level of lungs.
- We are witnessing frequent use of inhalers, steroids and bronchodilators leads to dependency on these drugs and side effects like trembling of hands, headaches, oedema, acne etc. The systems of medicines in vogue only control the attacks but they are not successful to prevent further attacks.
- Attacks come again and again with more intensity and frequency, requiring stronger dose of the drugs.
- It is a periodic disease. It must be broken down but how?

But do we know that

- Periodicity can not be broken down by material doses, but by the energy doses.
- Homoeopathy works on those energy doses.
- Cure is to restore the health and not **have suppressing** of the symptoms.
- Homoeopathy is the only system of medicine, which aims at to cure this disorder instead of providing symptomatic relief.
- Homoeopathy firmly believes in enhancing body's own defense mechanism to maintain the healthy status and its treatment is aimed at increasing body's own healing capacity so that they do not react to allergen as adversely as they would prior to the homoeopathic treatment it has been observed that the number of attacks diminish, their intensity become less with sense of comfort and well being.
- Homoeopaths believe that there is always a tendency or predisposition for a disease. It first manifest on the less vital organ , towards periphery (like skin), if this manifestation is suppressed then disease shifts inwards, towards the more vital organs.(Like lungs, heart, brain etc)
- Childhood asthma is often a result of suppressed skin eruptions like itching, boils, ringworms, eczema, and psoriasis.
- Vaccination is a vital factor for asthma in newly born and older children.

What to do

- Think and decide.
- Decision must be based on logic.
- Adopt that which is fruitful in the long run for the person and for the generation to come.
- Remember we are responsible to the coming generation for our deeds.
- Adopt auxiliary line of treatment
 - Breathing exercises like pranayam, which enhances the lungs capacity.
 - Avoid the allergen to which patient is sensitive to.
 - Avoid certain food article like rice, cold drinks etc.

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