

**FORWARD MARCH – 16
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RENAL CALCULI**

Nephrolithiasis or Renal calculi or Renal stone means presence of stone in the kidney.

Renal calculi, is one of the most common problem of urinary tract. Generally it occurs more frequently in men than women.

In Allopathic system of medicine surgery is most common. But removal of the stones is not the solution to the problem either by surgery or lithotripsy. It is same as cutting up all the hairs from scalp, but in few days hair will grow again.

In case of Nephrolithiasis, kidney suffers from the stone but only kidney cannot make the body sick as “Man is prior to organ”.

Homoeopathic medicines not only relive pain but also remove tendencies of stone formation and treat the condition permanently. Homoeopathy has its curative efficacy in all curable medical diseases as well as in so called surgical diseases.

The homoeopathic approach is a natural way to help the body by supporting the body’s own process of healing. It is permanent and safe.

GUIDE LINES OF FOOD FOR RENAL CALCULI:

NO TO

- Tomato, Amla, Chickoo, Cheseanuts, Cucumber.
- Black grapes, Cauli flower, Pumpkin, Mushroom and Brinjal.

YES TO

- Coconut water
- Corn silk tea
- Barley
- Pine apple juice
- Almond
- Horse gram and Karela

OUR EXPERIENCE

Numbers of cases have been cured. One to illustrate, is given below:

Shree X age, 20 consulted for kidney stone with symptoms on 24.08.2007.

His symptoms were

1. *Stone in right kidney of size 6.3mm.*
2. *Stone in lt kidney of size 5.8mm.*
3. *Severe pain and vomiting which worse at 4 o’ clock in the morning.*

On 24.08.2007 he was prescribed three doses.

His vomiting was better. Then he had pain at the peak on right lower abdominal region extending to back accompanied with nausea.

On 28.08.2007 he was prescribed six doses, three doses to take at that time and another three doses as sos.

But after 15 days on 14.09.2007 he complained that his urination was feeble associated with burning pain on rt kidney region. He was prescribed one dose in water on the same day and get relief from the pain.

Again he was prescribed another three doses on 28.09.2007 according to symptoms and he had passed the calculi within 15 days ie 15.10.2007.

This is the right time for the wise to get rid of their complaints without any torture and live healthy.

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