

EPILEPSY AND HOMOEOPATHY

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INTRODUCTION

Epilepsy is defined as the tendency to have recurrent seizures. A seizure is caused by an abnormal electrical discharge in the brain. It causes sudden loss of consciousness with the patient falling to the ground and presenting with a history of blackouts. It is a symptom of brain disease than a disease itself.

PRECIPITATING FACTORS:

1. Alcohol.
2. Drugs misuse.
3. Physical and mental exhaustion.
4. Flickering lights, including T.V and computer screens.
5. Infections and metabolic disorders.
6. Loud noises ,music ,reading.

SYMPTOMS:

Patient may experience alterations of mood, undue familiarity, complex hallucinations of sound, smell, taste, vision, emotional changes. During the attack patient may become rigid and unconscious falling to ground heavily and may experience tonic clonic jerks. Voiding of urine or biting of tongue. After the attack patient may become frightened and confused. Dizziness often occurs.

HOMOEOPATHY AND EPILEPSY

Homoeopathy has a wide scope in the treatment of epilepsy. It takes into account the most peculiar and characteristic symptoms occurring during the attack and prescribing the medicine on its basis thereafter removing the tendency towards it. It works on the deeper level of an individual so as to bring the cure.

GUIDELINES/RESTRICTIONS FOR PATIENT:

1. Drugs and toxins should be discontinued.
2. Sound sleep is must.
3. Avoidance of strong lights and music which irritates nervous system.
4. Activities like swimming, cycling and driving should not be done alone.
5. Exposure to fire works, deep water or heights should be avoided.

CASE

A lady named X Aged 40years suffers from epilepsy since the age of 11years and taking medicines, still no relief. She also complains of wheat allergy. Before the attack she drop things from hands due to jerks and falls down unconscious on the ground. During attack her extremities becomes stiff and cold with froth from the mouth. After the attack she gets disoriented and confused with short term memory loss. After proper case taking and analysis she was prescribed CUPRUM MET 200. She felt better on her subsequent visits. Further on the basis of her constitution and her allergy towards wheat she was prescribed CALC CARB 200. Since then she feels better and her epileptic attacks have gradually subsided.

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