

FORWARD MARCH
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HYPERTENSION AND HOMOEOPATHY

What you resists it persists-Jung.

Hypertension (HTN) or high blood pressure is a chronic medical condition in which the blood pressure is elevated. On the name of the hypertension great terror and havoc has been created. Whatever has been said regarding the prevention & treatment of the Hypertension in the modern medicine is not entirely correct because even by adopting such measures neither the occurrence & prevalence nor the progression of hypertension affected. This led us to think that there is something more which is required to cure this symptom. You know what it is....? It is the FEAR of getting affected with this disease or any other heart disease. This Fear is so prevalent in mass, now- a- days that an aura has been created which is immensely broadens by the advertisement, hoardings & discussions. Thus it compels to think about the disease but not about the health which consciously or unconsciously threatens. It becomes the “mantra”, so persistent thinking about the illness and its prevention aggravates the phenomena.

Homeopathic Treatment

Regarding the treatment of hypertension with HOMEOPATHY we must keep very clearly in our mind that homeopathy is entirely a different system of medicine, here the rules and regulations are different, and the laws are different, entirely different from the Allopathic school of medicine. The way of thinking & processing is different. So in order to adopt this system one should be clear about the fact that homeopathy “**treats the patient not the disease**”, the importance of symptoms narrated by the sufferers are more authentic and significant than activities like measuring Blood pressure, regular imaging & diagnostic techniques. Generally patient suffering with chronic disease when come to Homeopathy, is thoroughly influenced by modern system of medicine because most of the time he is adopting such system and similarly wants to listen about his/her disease in that very language. ***Homeopathy neither treats nor cures in that way. It has its own doctrine and peculiar methodology.*** So the patient has to be well acquainted about these facts to adopt this system.

What Homeopaths do to your Hypertension or any chronic disease?

He tries to access an individual first who is affected with the hypertension and not taking into account the high blood pressure only. It is considered in relation to an individual who is sick but not as you have high blood pressure so you are sick. Then ***a homeopath tries to select the medicine giving priority to the symptoms of the individual and put the symptoms of the hypertension afterward, thus complete the image of the Disease weather it Hypertension, or Diabetes or Cancer or even the simple coryza, itching, fever etc. it makes no difference.*** Then that medicine which is said to be the medicine FOR THE PERSON and NOT FOR THE HYPERTENSION is given to the patient which after adequate period of time annihilates primarily the symptoms of the individual followed by the hypertension.

Of course it is not as easy and rapid as stated here but it is not impossible though. Yes, It will take some time to cure the patient and so his diseases but we should not bother about the time because for chronic diseases, it is short duration to take medicines for few years than to take medicine for 30 years or lifelong and once the effect begins to come it will be long lasting. A homeopath requires the authentic symptoms from the patients, in order to form the picture of the disease as it is on the behalf of which THE correct and similar homeopathic medicine will be selected so that CURE of such type of Chronic Diseases ensues.

Last but not the least one has to understand and perceive that the high blood pressure is the symptom of the diseased condition not the disease itself. Life is not average (so as the individual), it is the constant flow, ever changing and flowering; that is its beauty and uniqueness.

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