

**FORWARD MARCH**  
**WARTS AND HOMEOPATHY**  
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**Introduction.**

Warts are small growths on the skin. They are usually harmless and painless. Warts can appear on any part of the body like forehead, around eyes, cheeks, neck, armpit, chest, nape of neck, arms, hands, genitalia etc.

The different types of warts include the following:

- Common wart: in initial stages, they are smooth and flesh coloured but in later stages they turn into rough eruptions.
- Flat wart: these are the growths with flat top, they are smaller and smoother than other warts.
- Plantar warts: they are rough and cauliflower like eruptions, oftenly presented with black spot in the centre, found mainly on the soles of the feet. In some cases this type of warts are painful.
- Filiform or digitate wart: a thread or finger-like wart.

**Affected Age Group:** Warts may occur at any age, but they commonly occur in children and young adults.

**Modern Treatment Options:** Cryosurgery ("freezing" the wart to destroy tissue), electrosurgery (burning), lasers, and cutting out the wart are common choice of treatment for warts, under the modern system of treatment.

**Homeopathy**

Nature has two methods of throwing off disease from the body, viz: eruptions on the derma or discharges from the membranes. These methods may happen singularly or in combined way in almost all diseases. Suppression of skin eruptions through medicines, ointments and surgery, is an obstruction of the outlet of disease from the body. To cure the individual, it is necessary to cure him from inside, the cause of those eruptions. Therefore internal medication is required to restore his health rather than the application on the outer derma.

Homeopathy is the holistic system of medicine. In this system, the selection of remedy is based upon the theory of individualisation and symptoms similarity by using holistic approach. This is the only system of medicine through which a state of complete health can be regained by removing all the signs and symptoms from which the individual is suffering.

Signs and symptoms are the reflection of the manifested vital force. They are not the disease. They are just the reflection of the manifested vital energy. In other words they are the indication of imbalance of the vital force.

In homeopathy, around 110 well proved medicines are available for warts, but the selection of remedy is made on the basis of cause, location, sensation, appearance and modalities, if any. For individualised remedy selection and treatment, the totality of all the signs and symptoms are considered. Symptoms like itching, pain, dry / moist, hard / soft, old / new warts, small / large, shape conical / cylindrical / round / flat / pointed, Colour black / brown / red and other accompanying symptoms are taken into consideration. **No laboratory tests are required to diagnose the warts.**

Homeopathic medicines vary for different locations and the appearance of the warts. Some warts disappears without treatment, it may take as long as 6 months to 2 years. Homeopathic medicines provides the strength to the vital force and makes it strong enough to fight against the disease force and help the individual to regain his health in the most natural way.

**It is painless treatment with prolonged effectiveness.**

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