

BAMRA AROGYA TRUST  
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SOLVE THE CASE -CONTEST-2015.

LIPPE AWARD

1. The Paper contains Sections - A and B.
2. Section-A contains ten questions, each of four marks. Indicate the remedy against each on the answer sheet.  
Example – Q.-1. - Mention Name of the remedy. Please do not write the question.
3. Section-B contains four cases; each has been marked according to the importance. Attempt ONE from this section.
4. Write your Role number, as has been allotted to you on the first page of the answer book and on the top of right corner of every sheet.
5. Use right side of the sheet for your answers and left side for rough work.
6. Do not write your name on any page of the answer's sheet.

SECTION-A

Q.-1. November 3<sup>rd</sup> 87 - PD was in semiconscious state with incoherent speech, extreme weakness, great restlessness, fear of dying, desired company, cracked lips, extremely sensitive to light and to the slightest noise, especially voices. This is the worst case of meningitis. Cortisone; symptoms of liver intoxication; kidney failure; probably the pneumonia was still there but it just needed to be reactivated. \*\*\*\*\* was given at 1 pm after noon during complete unconsciousness. About 15 minutes later patient sat up and smiled. His overall condition improved dramatically.

Q.-2. November 8<sup>th</sup> 87 – PD had dryness of the tongue with loss of taste < waking, burning soles, painless diarrhoea early in the morning and burning, itching haemorrhoids. The pain in kidneys, liver and the oedema of the lower extremities were still unchanged. \*\*\*\*\*, three times a day was prescribed. Condition improved.

Q.-3. November 12<sup>th</sup> 87 – He experienced the severe side effects of the antibiotics, which had been checked by the steroids – “Great chill with very high fever < slight uncovering and motion. He was very nervous and irritable from external impressions and wants to be alone. The potassium is 3, bit high. \*\*\*\*\* was given. His general condition improved further.

Q. – 4. November 16<sup>th</sup> 87 – Picture changed – he had profuse night sweats, sleeplessness, loss of appetite and burning, itching haemorrhoids. \*\*\*\*\* was prescribed three times a day. He improved.

Q.-5. November 12<sup>th</sup> '87-evening – He had high fever with aversion to uncovering, thirstless during heat, perspiration on the left side of the body. \*\*\*\*\*was prescribed.

Q.-6. November 27<sup>th</sup>'87 – He worried about the future and disease, especially about contagious disease. All his life he had a fear of microbes. He was fastidious about cleanliness and conscientious about trifles. He had vertigo in high places (1) and fear of dark (2), death, narrow places and public speaking (2). He dwelt on past disagreeable occurrences. He was chilly, worse: cold room. He desired meat, salt and garlic. I gave \*\*\*\*\*.Within one hour his energy picked up.

Q.-7. November 29<sup>th</sup>' 87 – He woke up almost in the state of stupor, great heaviness of the head, very irritable, frowning, melancholic, talked about his homeland, very slow to answer, aversion to company, reproached himself, thirsty for cold drink and sensation of hair in the throat on swallowing. It is a new picture. The remedy is \*\*\*\*\*and was given in 30 potency three times a day. The energy soon returned.

Q. -8. December 10<sup>th</sup>'87 – He had coryza after eating, heat of the face with coryza, throbbing headache on stooping, desire for meat and fat. The remedy is \*\*\*\*\*.

Q. -9. December 16<sup>th</sup>'87 – He got pain in the root of the nose, dryness of the throat on waking, expired air feels hot. The remedy is\*\*\*\*\*.

Q. -10. December 30<sup>th</sup>'87 – He is very chilly, irritable when questioned, despairs of recovery, fear of death, and desires to be alone. All symptoms are very strong and intense \*\*\*\*\*-1m was prescribed.

## SECTION-B

CASE -1 – MARKS – 30.

History – PD, age 37, homosexual man, in the fall of 1986 consulted his physician for persistent dry cough of 10 months duration. Antibiotics were prescribed and he developed persistent diarrhoea with continuous and debilitating pain in the left hypochondria. Various medications were prescribed without any relief. February' 87 HIV test was found positive. After having treated with HIV antibiotics, steroids and other medicines in November 3<sup>rd</sup>'87 came with kidney failure large liver, HB-6 and serum potassium 2.7.

Treatment – Refer Q-1 to Q-10.

January 12<sup>th</sup>, 88 – case was taken personally. The eczema had spread to the left leg. Since last two weeks he had been chilly on the left side of the body only. He had heat after eating and great loss of hair. He was more coherent. He never felt normal but different and excluded, conscientious about trifles, a chronic worrier, very self-conscious, strong anticipation and poor self-confidence. He hated himself, was uncomfortable in the presence of others; had been

humiliated and diminished since his childhood by his father. He hated his father. He suppressed his anger and refused consolation. Since aged three had diarrhoea with tympanitic distension every day before going to school and when anxious.

1. What is the prognosis of the case?
2. What are the characteristics symptoms?
3. Analyze the case.
4. Suggest the remedy.

OR

#### CASE-2-MARKS-40

Date: February 27, 1987 - This is a 60 year old woman. I asked her what her chief complaint was, and she said, "Mental." She has obviously studied some homeopathy. She said in 1985 she was bedridden from 1985 to 1986 with depression - being apathetic and not caring about anything. She had severe hypoglycemia in 1985 with an awful, empty feeling. She has difficult waking, stiffness in the morning; Joints are stiff, worse in the back. Stand humidity or rest (being in one position). Digestion is fine and thirst is fine. She desires sweets. Have no menopausal symptoms. Gets irregular heartbeat – it's often associated with empty feeling.

1. What is prognosis of the case?
2. Select the characteristic symptoms of the case.
3. Analyze the case.
4. Find the remedy.

OR

#### CASE-3-MARKS-50.

A rather corpulent woman, aged sixty three, mother of five children, has had herpes zoster for the past eight weeks [3]. It extends from below her left breast to her back [3]. At first it was fiery red with plenty of vesicles and now it is drying up. It does not itch very much, but it burns and stiches terribly [3] day and night. The pain is worse when she lies on the affected side [2], from wool [3], from warmth [3] and from the shower [1]. There is amelioration by coolness and cold things. [2] The general practitioner prescribed allopathic medicines and a physiotherapist treated her, but it did not help her to recover.

She has no unusual medical history. Her husband was hit by a car from behind while they were walking. The death of her husband was a server shock, a very hard time for her, but she thinks she is over it now.

She does not sit and think about him or dream about him. She has always worked hard. Sometimes she goes to the village but she also feels comfortable at home. She prefers being active instead of watching television. She does not become irritated very easily; she only gets angry when she really has to. She finds it hard to get angry with her grandchildren. She tidies up

the house, does not sit down to knit when things are still in disorder. But she can leave the dishes when she wants to.

She is never cold. She does not tolerate the sun very well and never goes to sit in it. [2]

She normally sleeps well but now wakes up four to five times a night with the pain. This is why she is so tired.

Lately, she has had pain in her forehead in the morning when she wakes up, which disappears in the course of the morning. [2]

She says she is not very thirsty and that she drinks about ten cups of fluid a day. She has no dislikes for food, except roast game.

The Menopause has not caused her any trouble and her menstruation was always regular and without problems.

Something she also noticed lately is that the morning when she wakes up, her eyes are irritated [2] and glued together [2].

1. What is prognosis of the case?
2. Select the characteristic symptoms of the case.
3. Analyze the case.
4. Find the remedy and justify it.

OR

CASE-4-MARKS-60.

He is a 25 year old male. I saw him June, 13<sup>th</sup> 1991 with chief complaint general suppurative arthritis. The patient presented a wheelchair and was totally crippled by polyarthritis. Most of his joints are greatly atrophied and distorted. He was covered with psoriasis from head to toe which gave his skin a lobster red appearance.

It had started in 1983 with him noticing a 'fungus growth' on the side of his penis, immediately following his first sexual relation. An ointment was then applied. A month later he noticed a patch of psoriasis on his right forearm, then on the head, then the arthritis made its appearance in the right middle finger, then both heels, both knees, both jaws, the right wrist.

The joints pain are worse before rain (3), worse after eating sweets (1) and worse when tired in the evening (3).

He is better on waking (2), from a warm bath (1) and during 'the company of a stranger' (2).

"I motivate myself to look good, when the company leaves, the pains return like before their arrival."

The itching of his skin is also better the company of strangers.

PAST HISTORY.

He had a happy since early childhood. Any fun made by classmate would affect deeply and hated them. Hearing felt pinching in his heart. In 1989, the disease got worse due to night

shift. 1990, observed, during a high fever, psoriasis and arthritis disappeared, to return after fever subsided (?).

#### CONSTITUTIONAL PROFILE.

He is chilly (2). Since the disease, need to be covered up to neck. Don't feel protected, locks all doors. Need for a bunker to protect from draft, robbers, enemies and ultra-rays. He feels worse in warm room, sun (psoriasis). Before the psoriasis sun was well tolerated. > Seashore (1)

#### SLEEP

He is awakened by pains. Change position constantly. Sleep on left side (1). He screams in sleep (1).

#### ENERGY

High but drained by the pains < evening > presence of strangers (2)

#### PERSONALITY

He is brilliant. He has high confidence but ashamed of due to disease. He wants to be the "zero-defect machine." He is proud, ambitious, and very envious. Offended easily, if somebody remark, how crippled he is.

1. What are most characteristics symptoms of the case?
2. Mention the key-note symptom in this case.
3. Analyze the case.
4. What is the remedy?